

\*\*\*\*ACTIVITIES ARE SUBJECT TO CHANGE\*\*\*\*

# February 2026 Memory Care

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
<p><u>1</u> 11am- Sip and Snacks 11:30am- Morning exercise 1:30pm- Gospel Music 2pm-1:1s 3pm- Snacks and chat 4pm- Classic tv show ( I love Lucy) 6pm- Relax and unwind</p>	<p><u>2</u> 11am- Sip and Snacks 11:30am- Morning exercise 1:30pm- Hot Chocolate social 2pm-1:1s 3:30pm- Snacks and chat 4pm- Outside activity 6pm- Nightly news</p>	<p><u>3</u> 11am- Sip and Snacks 11:30am- Morning exercise 1:30pm- Puzzle Time! 2pm-1:1s 3:30pm- Snacks and chat 4pm- Sing along Favorites 6pm- Nightly News</p>	<p><u>4</u> 11am- Sip and Snacks 11:30am- Morning exercise 1:30pm- Hangman 2pm-1:1s 3:30pm- Snacks and chat 4pm- V-Day Crafts 6pm- Nightly news</p>	<p><u>5</u> 11am- Sip and Snacks 11:30am- Morning exercise 1:30pm- Finger Painting 2pm-1:1s 3:30pm- Snacks and chat 4pm- Connect four 6pm- Nightly News</p>	<p><u>6</u> 11am- Sip and Snacks 11:30am- Morning exercise 1:30pm- Happy Hour 2pm-1:1s 3:30pm- Snacks and chat 4pm- Ball Toss 6pm- Nightly News</p>	<p><u>7</u> 11am- Sip and Snacks 11:30am- Morning exercise 1:30pm- Movie W/snacks 2pm-1:1s 3:30pm- Snacks and chat 4pm- Cardio Drumming 6pm- Relax and unwind</p>
<p><u>8</u> 11am- Sip and Snacks 11:30am- Morning exercise 1:30pm- Plinko 2pm-1:1s 3pm- Snacks and chat 4pm- Movie Time w/Snacks 6pm- Relax and unwind</p>	<p><u>9</u> 11am- Sip and Snacks 11:30am- Morning exercise 1:30pm- Music Club 2pm-1:1s 3:30pm- Snacks and chat 4pm- Button Sorting 6pm- Nightly News</p>	<p><u>10</u> 11am- Sip and Snacks 11:30am- Morning exercise 1:30pm- Cards/Dominos 2pm-1:1s 3:30pm- Snacks and chat 4pm- Ice cream Social 6pm- Nightly News</p>	<p><u>11</u> 11am- Sip and Snacks 11:30am- Morning exercise 1:30pm- Bowling 2pm-1:1s 3:30pm- Snacks and chat 4pm- Bean bag Toss 6pm- Nightly News</p>	<p><u>12</u> 11am- Sip and Snacks 11:30am- Morning exercise 1:30pm- Corn Hole 2pm-1:1s 3:30pm- Snacks and chat 4pm- Balloon Parachute 6pm- Nightly News</p>	<p><u>13</u> 11am- Sip and Snacks 11:30am- Morning exercise 1:30pm- Valentine day Party 2pm-1:1s 3:30pm- Snacks and chat 4pm- Music Club 6pm- Nightly News</p>	<p><u>14</u> 11am- Sip and Snacks 11:30am- Morning exercise 1:30pm- Balloon Toss 2pm-1:1s 3:30pm- Snacks and chat 4pm- Reflection Hour 6pm- Relax and unwind</p>
<p><u>15</u> 11am- Sip and Snacks 11:30am- Morning exercise 1:30pm- Adult coloring 2pm-1:1s 3pm- Snacks and chat 4pm- Classic tv show ( I love Lucy) 6pm- Relax and unwind</p>	<p><u>16</u> 11am- Sip and Snacks 11:30am- Morning exercise 1:30pm- Hot Chocolate Social 2pm-1:1s 3:30pm- Snacks and chat 4pm- wee washing line 6pm- Relax and unwind</p>	<p><u>17</u> 11am- Sip and Snacks 11:30am- Morning exercise 1:30pm- Puzzle Time 2pm-1:1s 3:30pm- Snacks and chat 4pm- Sing along Favorites 6pm- Relax and unwind</p>	<p><u>18</u> 11am- Sip and Snacks 11:30am- Morning exercise 1:30pm- Hangman 2pm-1:1s 3:30pm- Snacks and chat 4pm- Chair Yoga 6pm- Relax and unwind</p>	<p><u>19</u> 11am- Sip and Snacks 11:30am- Morning exercise 1:30pm- Milkshakes 2pm-1:1s 3:30pm- Snacks and chat 4pm- Balloon Volleyball 6pm- Relax and unwind</p>	<p><u>20</u> 11am- Sip and Snacks 11:30am- Morning exercise 1:30pm- Happy Hour 2pm-1:1s 3:30pm- Snacks and chat 4pm- Ball Toss 6pm- Relax and unwind</p>	<p><u>21</u> 11am- Sip and Snacks 11:30am- Morning exercise 1:30pm- Movie W/snacks 2pm-1:1s 3:30pm- Snacks and chat 4pm- Cardio Drumming 6pm- Relax and unwind</p>
<p><u>22</u> 11am- Sip and Snacks 11:30am- Morning exercise 1:30pm- Gospel Music 2pm-1:1s 3pm- Snacks and chat 4pm- Movie Time w/Snacks 6pm- Relax and unwind</p>	<p><u>23</u> 11am- Sip and Snacks 11:30am- Morning exercise 1:30pm- Music Club 2pm-1:1s 3:30pm- Snacks and chat 4pm- Button Sorting 6pm- Relax and unwind</p>	<p><u>24</u> 11am- Sip and Snacks 11:30am- Morning exercise 1:30pm- Cards/Dominos 2pm-1:1s 3:30pm- Snacks and chat 4pm- Balloon Volleyball 6pm- Relax and unwind</p>	<p><u>25</u> 11am- Sip and Snacks 11:30am- Morning exercise 1:30pm- Bowling 2pm-1:1s 3:30pm- Snacks and chat 4pm- Ice Cream Social 6pm- Relax and unwind</p>	<p><u>26</u> 11am- Sip and Snacks 11:30am- Morning exercise 1:30pm- Corn Hole 2pm-1:1s 3:30pm- Snacks and chat 4pm- Sugar Cookie Decorating 6pm- Relax and unwind</p>	<p><u>27</u> 11am- Sip and Snacks 11:30am- Morning exercise 1:30pm- Connect Four 2pm-1:1s 3:30pm- Snacks and chat 4pm- Ball Toss 6pm- Relax and unwind</p>	<p><u>28</u> 11am- Sip and Snacks 11:30am- Morning exercise 1:30pm- Balloon Toss 2pm-1:1s 3:30pm- Snacks and chat 4pm- Reflection Hour 6pm- Relax and unwind</p>