Lake Placid Health and Rehabilitation Center

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 8:30am- Daily Chronicles 9am- Room Visits 9:30am- Morning news 10:30am- Balloon Toss 1:30pm- Bingo 3pm- IND.Games
2 8:30am- Daily Chronicles 9am- Room Visits 9:30am- Morning News 10:30am- Gospel Music 1:30pm- Price is Right 3pm- IND.Games	3 8:30am- Daily Chronicles 9am- Room Visits 9:30am-Guess that Letter 10:30am- Coffee Social 1:30pm- Cornhole 3pm- IND.Games	4 8:30am- Daily Chronicles 9am- Room Visits 9:30am- Morning Bingo 10:30am- Chair yoga 1:30pm- Balloon Volleyball 3pm- IND.Games	5 8:30am- Daily Chronicles 9am- Room Visits 9:30am- Morning Trivia 10:30am- Catholic Service 1:30pm- Bingo Time! 3pm- IND.Games	6 8:30am- Daily Chronicles 9am- Room Visits 9:30am- Morning News 10am- Waterballoon Toss 1:30pm- Movie Time! 3pm- IND.Games	7 8:30am- Daily Chronicles 9am- Room Visits 9:30am- Book Club 10:30am- Cardio Drumming 1:30pm- Happy Hour 3pm- IND.Games	8 8:30am- Daily Chronicles 9am- Room Visits 9:30am- Morning news 10:30am- Bible study w/mio 1:30pm- Guess that letter 3pm- IND.Games
9 8:30am- Daily Chronicles 9am- Room Visits 9:30am- Morning News 10:30am- Arts/Crafts 2pm- Methodist Service 3pm- IND.Games	10 8:30am- Daily Chronicles 9am- Room Visits 9:30am-Guess that Letter 10:30am- Coffee Social 1:30pm- Cornhole 3pm- IND.Games	11 8:30am- Daily Chronicles 9am- Room Visits 9:30am- Morning Bingo 10:30am- Gospel Ladies 1:30pm- Bowling 3pm- IND.Games	12 8:30am- Daily Chronicles 9am- Room Visits 9:30am- Morning Trivia 10:30am- Catholic Service 1:30pm- Bingo Time! 3pm- IND.Games	13 8:30am- Daily Chronicles 9am- Room Visits 9:30am- Morning News 10:30am- **Resident Council** 1:30pm- Movie Time! 3pm- IND.Games	14 8:30am- Daily Chronicles 9am- Room Visits 9:30am- Book Club 10:30am- Jehovah Witness 1:30pm- Water Darts 3pm- IND.Games	15 8:30am- Daily Chronicles 9am- Room Visits 9:30am- Morning news 10:30am- Balloon Toss 1:30pm- Bingo 3pm- IND.Games
16 8:30am- Daily Chronicles 9am- Room Visits 9:30am- Morning News 10:30am- Gospel Music 1:30pm- Price is Right 3pm- IND.Games	17 8:30am- Daily Chronicles 9am- Room Visits 9:30am-Guess that Letter 10:30am- Coffee Social 1:30pm- Corn Hole 3pm- IND.Games	18 8:30am- Daily Chronicles 9am- Room Visits 9:30am- Morning Bingo 10:30am- Chair yoga 1:30pm- Balloon Volleyball 3pm- IND.Games	19 8:30am- Daily Chronicles 9am- Room Visits 9:30am- Morning Trivia 10:30am- Catholic Service 1:30pm- Bingo Time! 3pm- IND.Games	20 8:30am- Daily Chronicles 9am- Room Visits 9:30am- Morning News 10:30am- Fun in the Sun 1:30pm- Movie Time! 3pm- IND.Games	21 8:30am- Daily Chronicles 9am- Room Visits 9:30am- Book Club 10:30am- Cardio Drumming 1:30pm- Happy Hour 3pm- IND.Games	22 8:30am- Daily Chronicles 9am- Room Visits 9:30am- Morning news 10:30am- Balloon Toss 1:30pm- Bingo 3pm- IND.Games
23 8:30am- Daily Chronicles 9am- Room Visits 9:30am- Morning News 10:30am- Arts/Crafts 1:30pm- Snowcones 3pm- IND.Games	24 8:30am- Daily Chronicles 9am- Room Visits 9:30am-Guess that Letter 10:30am- Coffee Social 1:30pm- Cornhole 3pm- IND.Games	25 8:30am- Daily Chronicles 9am- Room Visits 9:30am- Morning Bingo 10:30am- Gospel Ladies 1:30pm- Bowling 3pm- IND.Games	26 8:30am- Daily Chronicles 9am- Room Visits 9:30am- Morning Trivia 10:30am- Catholic Service 1:30pm- Bingo Time! 3pm- IND.Games	27 8:30am- Daily Chronicles 9am- Room Visits 9:30am- Morning News 10:30am- Fun in the Sun 1:30pm- Movie Time! 3pm- IND.Games	28 8:30am- Daily Chronicles 9am- Room Visits 9:30am- Book Club 10:30am- Jehovah Witness 1:30pm- Water Darts 3pm- IND.Games	29 8:30am- Daily Chronicles 9am- Room Visits 9:30am- Morning news 10:30am- Bible study w/mio 1:30pm- Guess that letter 3pm- IND.Games
30 8:30am- Daily Chronicles 9am- Room Visits 9:30am- Morning News 10:30am- Gospel Music 1:30pm- Price is Right 3pm- IND.Games	31 8:30am- Daily Chronicles 9am- Room Visits 9:30am-Guess that Letter 10:30am- Coffee Social 1:30pm- Cornhole 3pm- IND.Games					

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Lake Placid Health and Rehabilitation Center

Memory Care Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 11am- Sip and Snack 11:30am- Sunshine Social 1:30pm- 1:1s 2:30pm- Skeeball 3:30pm- Sip and Snacks 4pm- Sensory Box Game 6pm- Nature Documentary
2 11am- Sip and Snack 11:30am- Sunshine Social 1:30pm- 1:1s 2:30pm- Gospel Music 3:30pm- Sip and Snacks 4pm- Cards/Dominos 6pm- Nature Documentary	3 11am- Sip and Snack 11:30am- Sunshine Social 1:30pm- 1:1s 2:30pm- Collage Making 3:30pm- Sip and Snacks 4pm- Cornhole 6pm- Nature Documentary	4 11am- Sip and Snack 11:30am- Sunshine Social 1:30pm- 1:1s 2:30pm- Bead Craft 3:30pm- Sip and Snacks 4pm- Hungry Hippos 6pm- Movie Time	5 11am- Sip and Snack 11:30am- Sunshine Social 1:30pm- 1:1s 2:30pm- Sensory Fishing 3:30pm- Sip and Snacks 4pm- Puzzle Time 6pm- Nature Documentary	6 11am- Sip and Snack 11:30am- Sunshine Social 1:30pm- 1:1s 2:30pm- Ping Pong Game 3:30pm- Sip and Snacks 4pm- Baking Social 6pm- Movie Time	7 11am- Sip and Snack 11:30am- Sunshine Social 1:30pm- 1:1s 2:30pm- Cardio Drumming 3:30pm- Sip and Snacks 4pm- Basket Toss 6pm- Nature Documentary	8 11am- Sip and Snack 11:30am- Sunshine Social 1:30pm- 1:1s 2:30pm- Balloon Toss 3:30pm- Sip and Snacks 4pm- Adult coloring 6pm- Nature Documentary
9 11am- Sip and Snack 11:30am- Sunshine Social 1:30pm- 1:1s 2:30pm- Water Painting 3:30pm- Sip and Snacks 4pm- Guess That Tune 6pm- Nature Documentary	10 11am- Sip and Snack 11:30am- Sunshine Social 1:30pm- 1:1s 2:30pm- Whopper Water 3:30pm- Sip and Snacks 4pm- Bowling 6pm- Nature Documentary	11 11am- Sip and Snack 11:30am- Sunshine Social 1:30pm- 1:1s 2:30pm- Cookie decorating 3:30pm- Sip and Snacks 4pm- Skeeball 6pm- Movie Time	12 11am- Sip and Snack 11:30am- Sunshine Social 1:30pm- 1:1s 2:30pm- Arts/Crafts 3:30pm- Sip and Snacks 4pm- Just Dance 6pm- Nature Documentary	13 11am- Sip and Snack 11:30am- Sunshine Social 1:30pm- 1:1s 2:30pm- Ball Toss 3:30pm- Sip and Snacks 4pm- Move and Grove 6pm- Movie Time	14 11am- Sip and Snack 11:30am- Sunshine Social 1:30pm- 1:1s 2:30pm- Balloon Volleyball 3:30pm- Sip and Snacks 4pm- High Striker 6pm- Nature Documentary	15 11am- Sip and Snack 11:30am- Sunshine Social 1:30pm- 1:1s 2:30pm- SkeeBall 3:30pm- Sip and Snacks 4pm- Sensory Box Game 6pm- Nature Documentary
16 11am- Sip and Snack 11:30am- Sunshine Social 1:30pm- 1:1s 2:30pm- Gospel Music 3:30pm- Sip and Snacks 4pm- Cards/Dominos 6pm- Nature Documentary	17 11am- Sip and Snack 11:30am- Sunshine Social 1:30pm- 1:1s 2:30pm- Collage Making 3:30pm- Sip and Snacks 4pm- Reflection Hour 6pm- Nature Documentary	18 11am- Sip and Snack 11:30am- Sunshine Social 1:30pm- 1:1s 2:30pm- Pudding Making 3:30pm- Sip and Snacks 4pm- Hungry Hippos 6pm- Movie Time	19 11am- Sip and Snack 11:30am- Sunshine Social 1:30pm- 1:1s 2:30pm- Sensory Fishing 3:30pm- Sip and Snacks 4pm- Puzzle Time 6pm- Nature Documentary	20 11am- Sip and Snack 11:30am- Sunshine Social 1:30pm- 1:1s 2:30pm- Ping Pong Game 3:30pm- Sip and Snacks 4pm- Baking Social 6pm- Movie Time	21 11am- Sip and Snack 11:30am- Sunshine Social 1:30pm- 1:1s 2:30pm- Cardio Drumming 3:30pm- Sip and Snacks 4pm- Basket Toss 6pm- Nature Documentary	22 11am- Sip and Snack 11:30am- Sunshine Social 1:30pm- 1:1s 2:30pm- Balloon Toss 3:30pm- Sip and Snacks 4pm- Adult Coloring 6pm- Nature Documentary
23 11am- Sip and Snack 11:30am- Sunshine Social 1:30pm- 1:1s 2:30pm- Water Painting 3:30pm- Sip and Snacks 4pm- Guess That Tune 6pm- Nature Documentary	24 11am- Sip and Snack 11:30am- Sunshine Social 1:30pm- 1:1s 2:30pm- Whopper Water 3:30pm- Sip and Snacks 4pm- Bowling 6pm- Nature Documentary	25 11am- Sip and Snack 11:30am- Sunshine Social 1:30pm- 1:1s 2:30pm- Bead Craft 3:30pm- Sip and Snacks 4pm- Parachute fun 6pm- Movie Time	26 11am- Sip and Snack 11:30am- Sunshine Social 1:30pm- 1:1s 2:30pm- Arts/Crafts 3:30pm- Sip and Snacks 4pm- Just Dance 6pm- Nature Documentary	27 11am- Sip and Snack 11:30am- Sunshine Social 1:30pm- 1:1s 2:30pm- Ball Toss 3:30pm- Sip and Snacks 4pm- Move and Grove 6pm- Movie Time	28 11am- Sip and Snack 11:30am- Sunshine Social 1:30pm- 1:1s 2:30pm- Balloon Volleyball 3:30pm- Sip and Snacks 4pm- High Striker 6pm- Nature Documentary	29 11am- Sip and Snack 11:30am- Sunshine Social 1:30pm- 1:1s 2:30pm- skeeball 3:30pm- Sip and Snacks 4pm- Sensory Box Game 6pm- Nature Documentary
30 11am- Sip and Snack 11:30am- Sunshine Social 1:30pm- 1:1s 2:30pm- Gospel Music 3:30pm- Sip and Snacks 4pm- Cards/Dominos 6pm- Nature Documentary	31 11am- Sip and Snack 11:30am- Sunshine Social 1:30pm- 1:1s 2:30pm- Collage Making 3:30pm- Sip and Snacks 4pm- Reflection Hour 6pm- Nature Documentary					

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